

Health Care FSA Eligible Over-the Counter (OTC) Items

Examples of Eligible OTC Items: Without a Prescription

- Band Aids & First Aid Dressings
- Contact Lens Solution
- Durable Medical Equipment
- Diabetes Testing Supplies
- Insulin



Examples of Eligible OTC Items: That Require a Prescription*

- Allergy & Sinus Medicines
- Antibiotic Products
- Cough, Cold and Flu Medicines
- Pain Relief Medicines
- Acid Control Medicines



Examples of Non-Eligible OTC Items

- Cosmetics
- Toiletries
- Diapers
- Toothpaste/Toothbrush



As part of the Healthcare Reform changes, Over-the-Counter (OTC) medicine and drugs will require a prescription in order to be considered an eligible expense for the FSA.

NOTE: The above lists are partial lists of typical eligible and non-eligible items and do not include all eligible or non-eligible expenses. The above lists are subject to IRS rules and regulations under Code Section 213(d).

For more information regarding OTC medication and drug changes please call Flex at **866-472-5351**.